

HOSPICE Happenings

40th
ANNIVERSARY  **Central Wyoming
Hospice &
Transitions**

40TH
ANNIVERSARY EDITION

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Photo by Heaven White

LOOKING BACK AND MOVING FORWARD

There are memories all around our Central Wyoming Hospice campus. From the faded pictures lining mantels to the golden plaques that grace our Veteran's Tribute Wall, they surround us daily. Perhaps the most precious memories are those of our patients and families over the decades, living permanently in our hearts. Central Wyoming Hospice and Transitions is celebrating our 40th Anniversary this year. For us, this anniversary represents forty years of caring for our community and your loved ones.

We have seen many changes over those years. We've also added our Transitions program to support those with life-limiting conditions and have expanded our Grief Care programs. However, through these 40 years certain things have not changed, including our mission to companion the end-of-life journey with skill and compassion.

Central Wyoming Hospice is the oldest and largest hospice in the state and the only non-profit hospice in our community. Because of our dedication to the community, we provided \$230,000 in charity care last year. I am grateful and humbled by, not only those who made this dream a reality, but all of you who continue to support that dream into the future. This community cares for each other, and we're proud to be part of that compassionate family. Our Caring Promise to you is to be here when you need us. Thank you for letting us care for our loved ones. It is our honor every day.

Kilty Brown, Executive Director
Central Wyoming Hospice and Transitions 



Our First Director
Lynn Edwards

Our Mission

To Companion the
End-of-Life Journey with
Skill and Compassion

Central Wyoming Hospice
and Transitions Program

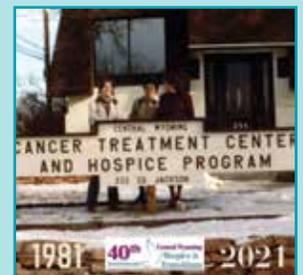
Serving Natrona County
and Converse County

(307) 577-4832

cwhp.org

319 S. Wilson

Casper, WY 82601



Forty Years of Caring

WISH LIST FOR OUR NEWLY RE-OPENED CHAPMAN HOME

- Set of non-stick pots and pans
- New silverware
- New serving utensils
- Food storage containers
- Shaved ice maker
- Black towels
- Black or Dark Navy Blue Sheet sets size Twin XL

PATIENT CARE

- Digital Bathroom Scale
- Disposable gloves (medium preferred)
- Nail brushes
- Bobby pins and hair ties
- Essential Oil diffusers

- Essential Oils (lavender, citrus, mint)
- Doterra Deep Blue lotion
- Ensure/Boost (chocolate)
- Vaseline mini-tubs for individual use
- Tabbed-style adult diapers
- Electric razors/shavers
- Hair de-tangling spray
- Body lotions

OFFICE SUPPLIES:

- Mini Post-It Notes
- Hand sanitizers for desks
- Page dividers
- Scissors

WISH LIST

- Tape dispenser
- White card stock
- Double stick tape
- Red Pilot G-2 07 Pens

KITCHEN SUPPLIES

- Dish soap
- Hand soap (anti-bacterial)
- Disposable cups, plates, bowls
- Disposable cutlery, especially spoons

GENERAL SUPPLIES

- Bird seed
- Bird feeders and shepherds hooks on which to hang them
- Paper towels, Kleenex, toilet paper
- Trash bags (all sizes)
- Clorox wipes
- Bottled Water

When generous people bring us items from our wish list, we are able to save that money for patient care. We appreciate your support!

BOARD OF DIRECTORS

Lisa Hubbard,
President

*Architect, Retired Owner of
GSG Architecture Firm*

Ryan Klinger,
Secretary/Treasurer
*VP Commercial Lender,
Jonah Bank of Wyoming*

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EXECUTIVE DIRECTOR

Kilty Brown, R.N.

BOARD MEMBER	INITIATION DATE	1ST TERM	EXPIRATION OF 2ND TERM
DARREL SULLIVAN President	01-06-81		10/84
RICH MILKING Vice-President	11-05-80	10/82	10/85
JILL ALSOP Secretary	05-26-81	10/82	10/85
CAROL FELLOWS, M.D. Treasurer	05-12-80		10/84
DAN GRINSTEAD, M.D.	09-30-80	10/82	10/85
WALT WATSON, M.D.	08-12-80		10/84
PAUL JOHNSON, M.D.	08-12-80	10/83	10/86
LOUISE CLASSEN	08-12-80	10/83	10/86
ELISE ELLROG	09-27-83		10/86
JIM PORTER	04-06-81	10/83	10/86
LARRY JAMES	02-28-84	05/87	
TOM SCHER, M.D.	04-03-84	04/87	

One of our first Board of Directors

Then and Now:
DONORS MAKE A DIFFERENCE



*Dan Sullivan (L) with
Dr. Dan Grinstead*

Dan Sullivan is one of the original members of the Central Wyoming Hospice Board of Directors, and you might say he was the “money guy,” being in the banking business at the time. “Initially, we didn’t have anything, but we needed to raise a little money, and that money was primarily going to be used to defer the expenses of training volunteers,” Dan recalls. “Our program was home-based in the beginning because volunteers would

just go out and sit with patients and relieve family members so they could have a night out or go to the movies, and just be with them as they reached their last phase and their last days and became close and friendly with these folks.”

Dan tells the story of calling on Casper businessman Fred Goodstein after the original Hospice Home and Cancer Treatment Center on South Jackson was formally dedicated on June 5th of 1981. Fred agreed to meet, Dan recalls, “And I walked into his office and he sat there and grilled me for about an hour and a half or two hours, he was very thorough about wanting to know, he wasn’t an easy touch at all,” Dan says. “I said, ‘Fred, I hope I’ve interested you enough in Hospice and what we’re doing that we could get a contribution, \$500, maybe a \$1000 from you for our campaign.’ And he said, ‘I think we can do something like that.’”

Fred called for his secretary to bring in the big three-ring binder checkbook and threw back the cover. “He took out his pen and looked at me and says, ‘Now, tell me what the balance of that mortgage is on your building.’ He wrote me



*Groundbreaking for our first
Hospice Home*

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UPCOMING and ONGOING EVENTS

Memorial Paver Dedication
June 19th

Kids Grief Camp (two sessions)
June 16th-18th, June 23rd-25th

Governors Invitational Golf Classic
July 30th

Candlelight Remembrance
September 14th, 7:00 p.m.
Kloefkorn Home Garden

Oktoberfest
September 25th, Ramkota Hotel

Fall Grief Support Group
September 21st - October 26th
Tuesdays 5:30 p.m. - 7 p.m.

Volunteer Training: Our training is ongoing and conducted partially online. Please contact Dixie at Dixieb@cwhp.org if you’re interested in joining our Volunteer Team

Grief Support: This support is offered to anybody in the community at no charge. For more information, contact Todd at Toddv@cwhp.org

a check for \$120,000, and that is what jump-started Central Wyoming Hospice. Now we had money that we didn't have to use solely to pay the mortgage and play catch-up all the time."

More donors and fundraisers followed, and the community started to rally around. Dan remembers, "Hospice had become something that the community began to rally around because people came, and they saw a benefit to it. There were hundreds of people who came through the process and said, you know, what Hospice did for my father or my mother or my brother, my aunt, or my uncle, I saw it first-hand, I saw how it added to my family's quality of life, and so they spread the word and gave money. It was just wonderful to see."

If you'd like to know more about how you can help with a donation or by including Central Wyoming Hospice and Transitions in your estate, call Rachel at (307) 577-4832. 



Robin Mundell hard at work

MINDING THE OFFICE: EARLY DAYS AT CENTRAL WYOMING HOSPICE

By Robin Mundell

One of my most memorable jobs in my career is the time I spent as the office manager at the Central Wyoming Cancer Treatment Center and Hospice Program (1984-1985). The organization operated on a very lean budget, having only three employees: Terri Marnell the chemotherapy nurse, Ellie Corbett, also a nurse and the hospice volunteer coordinator, and myself. At the time, the facility was in the 200 block of S. Jackson Street, a two-story building that formerly was an apartment complex.

The apartments were kept intact on the second floor so out of town patients receiving radiation treatment, usually done on a daily basis, would have an affordable place to stay.

The main floor housed the chemotherapy treatment room, offices, a reception area and two exam rooms for patients to see Dr Paul Johnson and Dr Carol Fellows. They used a team approach to cancer treatment. Dr Fellows was the radiation expert and Dr Johnson was the cancer doctor. This type of collaboration for treatment modalities for cancer, or any disease, was very unique for this time.

I remember the second floor apartments posed an accessibility problem for patients. At one time Ellie Ellbogen and Louise Classen, board members, were supposed to go with me to see a potential donor. They were unable to go so they sent me on a lone mission. After tea and a lot of conversation, the donor informed me that she would donate the necessary funds to install an elevator in the building, thus removing the accessibility challenge! I believe the amount donated was about \$30,000.

I also had many pleasant conversations with patients who were there for treatment and evaluations. One patient always came in with a positive attitude and a smile on her face. On one particularly cloudy, snowy day, I asked the perfunctory question: "How are you doing today Vernie?" She replied, "I am doing great. Every day I wake up is a good day". Those words have stuck with me for over 35 years. What a great attitude and lesson for us all to reflect upon. Indeed, every day we awaken, no matter then weather or challenges we face, is a GOOD day! When I have bad days, I think about her philosophy and am thankful that I have awakened, and it WILL be a good day.

If you'd like to know more about Central Wyoming Hospice and Transitions and how we can help your family and loved ones, please call us at (307) 577-4832 or visit our website at cwhp.org. 

~ MEMORIES: OUR PATIENTS, OUR FAMILY ~

The people we care for are much more than patients, they become our family. When one of them dies, the staff shares their memories of that person to all of us. Here are some of the stories:

"(She) was a strong woman who lived and died on her terms. I wish we would have had more time to enjoy her no nonsense spirit. She absolutely loved

baseball and horse racing and was able to take her family to the World Series in 2006."

"Loved talking to her and if you got to see the picture of her husband and her as a young couple you knew she was an adventurer. When I asked her what was on her bucket list she told me skydiving and zip lining! What a sweet passing. I loved listening to her

talk about the adventures and her little shitzu dog... and she had the best sense of humor! She was quite the gal."

"I spent a lot of time with (her). She had a smile that would brighten my day! Such a sweetheart! She was showing me that for Christmas, they hung up a stocking for each member of her family. There were 97 total stockings!! She will be dearly missed."

DID YOU KNOW...

Central Wyoming Hospice and Transitions is the oldest and largest Hospice in the state of Wyoming, and the only non-profit, non-corporate hospice in our community. We serve approximately 80 percent of our patients in their own homes, including assisted living and skilled nursing facilities.



*Our First
Volunteer Training*



Louise Classen

MORE THAN

25 of our Veteran patients have been celebrated

AS PART OF OUR
WE HONOR VETERANS
PROGRAM IN 2021

**WE SERVED
PATIENTS FROM**

15

**WYOMING
COUNTIES
IN 2020**

**WE PROVIDED
SOME**

\$230,000
OF CHARITY CARE
LAST YEAR

WE ARE EXPERTS

AT CARING
for our patients
**IN THEIR
OWN HOMES**



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